



MNT Training Ltd

Post Natal Depression Course



This 1 day course is designed for any professional child-carer who comes into contact with mothers who may be suffering from post natal depression or who simply want to be proactive in terms of knowing how to deal with PND. This course is particularly important for Maternity Nurses and live-in Nannies working with post-natal mums. Maternity Nurses in particular should have at least a basic grounding in PND. Early diagnosis and support for those with PND can help recovery rates and thus knowing the signs/symptoms, where to go for support and how you can help directly are invaluable.

The course trainer is a very experienced PND Counsellor who trains Health Visitors on PND, runs support groups and does one-to-one counselling with PND sufferers. She has also developed and facilitated PND training courses for MIND, the NCT and Homestart.

Accreditation: This course is accredited by the Open College Network (OCN OTC) at level 3 and carries 3 credits. In order to pass and receive their OCN accredited certificate, students will need to successfully complete the post course assessment at home following the course. Assessments are sent to learners via email after the course-saving learners time and money. Learners are required to submit their assessments back to us via email. (Alternative postal arrangements are available for learners unable to use email-however this incurs an additional fee of £15 for UK based learners- this is payable after the course).

Course content: What is PND: signs, symptoms and feelings,
PND statistics and risk factors
Listening skills,
Basic support for depressed mothers
How you can help,
Fathers and other siblings

Course Fee: £170 (This includes the assessment fee and VAT)

Venue: University of Reading, London Road Campus

Trainer: PND Counsellor

Dates in 2012: • Saturday 17th March • Saturday 22nd September

Attendance: 9.30-4.30 pm. (A light lunch will be provided - please indicate any special dietary requirements below).

To book your place and pay: please complete and return the slip below with full course fee of £170 payable to 'MNT Training Ltd' at our head office address: MNT Training Ltd, MNT House, Lane End, Itchen Stoke, Alresford, Hampshire, SO24 0QZ. You can also pay by card over the phone 0844 8268 446 between 9.30-1.30 pm.

Once your payment has been received, confirmation details, a receipt and instructions on how to get to the course venue will be sent to you.

PND Reply Slip (2012)

Name: _____

Address: _____

Post Code: _____

Contact Tel No: _____ Email Address: _____

Please tick to confirm that you understand that the course assessments are sent to you via email after the course:
(Alternative postal arrangements for learners without any way of using email can be discussed at the course, learners will be required to pay an additional fee of £15 after the course if this service is used)

How did you hear about the course? (If via GP surgery – please specify which) _____

Date of Course you wish to attend: _____

Capacity in which attending – i.e. parent/nanny etc: _____ Special Dietary Requirements: _____

I have read the terms and conditions overleaf and agree to them: _____ Signature

POST NATAL DEPRESSION TRAINING COURSE BOOKING TERMS AND CONDITIONS

1. The total cost of the Course is £170 (including VAT). (Learners who do not receive and complete their assessments via email will be required to pay an additional fee of £15-this is payable after the course). In order to apply for a course, full payment, which is non-refundable, is required along with the completed booking form. (As course places are limited and cannot always be guaranteed, it is recommended that you telephone MNT to determine course vacancies before applying in order to avoid disappointment.) If paying by credit card a 2.5 % fee will be charged in addition to the course cost.
2. In the event of a student being unable to attend a course or complete a course no refunds will be available, however students may be offered a place on a later course at the discretion of MNT subject to availability.
3. Course fees include tuition and certification fees. Liquid refreshments at break times are also included. All other costs such as travel and accommodation where needed are payable by the student.
4. It is the student's responsibility to ensure that the course is suitable for their requirements. MNT are happy to offer advice but accept no liability in the event that the content of the course does not meet individual requirements.
5. In extreme circumstances it may be necessary for MNT to reschedule a course or cancel a course altogether due to insufficient numbers, upon which a booking has been made. If the rescheduled dates are not convenient to you, MNT's liability will be limited to a refund of the course paid.
6. MNT reserve the right to alter the advertised course venue and trainers.
7. MNT reserve the right to decline applications.
8. All intellectual property rights, including copyright, patents, design rights and know-how relating to the course or course materials provided or made available in connection with the course remain the sole property of MNT. No copies of course materials provided or any usage of or reference to MNT's name may be made unless it has been agreed in writing by MNT.
9. All students are required to observe and abide by all policies regarding health and safety, security, student conduct and any other regulations as set out by MNT and the University of Reading.
10. The course content has been carefully researched and is believed by MNT to be up-to-date and factually correct. Students are welcome to discuss with MNT any information or advice received from elsewhere of a conflicting nature if they wish to do so.

The information on the completed booking form is intended to form a complete statement of the agreement between the course applicant and MNT. Discussions, correspondence, documentations or representations prior to the submission of the completed booking form are deemed not to affect the contractual position of the parties unless otherwise expressly agreed in writing.

MNT Training Ltd, MNT House, Lane End, Itchen Stoke, Alresford, Hampshire, SO24 0QZ.

DIRECTORS: P.MURRAY & M.MURRAY

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