

This 2 day course is for nannies, night nannies and maternity nurses who are wishing to branch out into sleep training as part of their career or for those who would like a refresher. It is also useful for those who are currently working as child-carers with a baby or child with a sleep problem. The course is divided into 4 sections– good sleep habits for babies up to the age of 6 months, sleep training older children (6 months +), stumbling blocks to success and the fourth section covers less common sleep problems such as night terrors, head banging and sleep apnoea.

Accreditation: This course is accredited by the Open College Network (OCN OTC) at level 3 and carries 3 credits. In order to pass and receive their OCN accredited certificate, students will need to successfully complete the post course assessment at home following the course. Assessments are sent to learners via email after the course-saving learners time and money. Learners are required to submit their assessments back to us via email. (Alternative postal arrangements are available for learners unable to use email-however this incurs an additional fee of £15 for UK based learners– this is payable after the course).

Course content: Normal Sleep Physiology in babies
Sudden Infant Death Guidelines
Instilling Good Habits in Babies 0-3 Months
Developing Good Habits in Babies 3-6 Months
Behavioural Sleep Training Techniques from 6 months +
Stumbling Blocks to Success
Working with Twins/Multiples or More than One Child in a Room
Working with Parents
Travelling/Jet Lag
Moving from a Cot to a Bed
Other Less Common Sleep Problems (such as night terrors, head banging, sleep apnoea)

Course Fee: £235 (This includes the assessment fee and VAT)

Venue: Reading University, London Road Campus

Dates in 2012: 24th/25th February - 18th/19th May - 2nd/3rd November

Attendance: 9.00– 5.00 pm (A light lunch will be provided - please indicate any special dietary requirements below).

To book your place please complete and return the slip below with full course fee of £235 payable to 'MNT Training Ltd' at our head office address: MNT Training Ltd, MNT House, Lane End, Itchen Stoke, Alresford, Hampshire, SO24 0QZ. You can also pay by card over the phone 0844 8268 446 between 9.30-1.30pm.

Once payment has been received, confirmation details, a receipt and instructions on how to get to the course venue will be sent to you, as well as a list of local B&Bs/hotels for those requiring accommodation. For more information please call 0844 8268 446 between 9.30-1.30 p.m.

Sleep Training Course Reply Slip (2012)

Name: _____

Address: _____

Post Code: _____

Contact Tel No: _____ Email Address: _____

Please tick to confirm that you understand that the course assessments are sent to you via email after the course:
(Alternative postal arrangements for learners without any way of using email can be discussed at the course, learners will be required to pay an additional fee of £15 after the course if this service is used)

How did you hear about the course? _____

Date of Course you wish to attend: _____

Capacity in which attending i.e. parent/nanny etc: _____ Special Dietary Requirements _____

I have read and understood the terms and conditions overleaf and agree to them: _____

Signature

SLEEP TRAINING COURSE BOOKING TERMS AND CONDITIONS

1. The total cost of the Course is £235 (including VAT). (Learners who do not receive and complete their assessments via email will be required to pay an additional fee of £15-this is payable after the course). In order to apply for a course, full payment, which is non-refundable, is required along with the completed booking form. (As course places are limited and cannot always be guaranteed, it is recommended that you telephone MNT to determine vacancies before applying in order to avoid disappointment.) If paying by credit card a 2.5 % fee will be charged in addition to the course cost.
2. In the event of a student being unable to attend a course or complete a course no refunds will be available, however students may be offered a place on a later course at the discretion of MNT subject to availability.
3. Course fees include tuition and certification fees. Liquid refreshments at break times are also included. All other costs such as travel and accommodation where needed etc are payable by the student.
4. It is the student's responsibility to ensure that the course is suitable for their requirements. MNT are happy to offer advice but accept no liability in the event that the content of the course does not meet individual requirements.
5. MNT reserves the right to re-schedule or cancel a course whether through insufficient numbers or for any other good reason. If you notify MNT within seven days of being advised of a re-scheduled date that such date is unacceptable and if no other date can be agreed, then you will be entitled to a refund of the course fees paid but not otherwise.
6. MNT reserve the right to alter the advertised course venue and trainers.
7. MNT reserve the right to decline applications.
8. All intellectual property rights, including copyright, patents, design rights and know-how relating to the course or course materials provided or made available in connection with the course remain the sole property of MNT. No copies of course materials provided or any usage of or reference to MNT's name may be made unless it has been agreed in writing by MNT.
9. All students are required to observe and abide by all policies regarding health and safety, security, student conduct and any other regulations as set out by MNT and the University of Reading.
10. The course content has been carefully researched and is believed by MNT to be up-to-date and factually correct. Students are welcome to discuss with MNT any information or advice received from elsewhere of a conflicting nature if they wish to do so.

The information on the completed booking form and these terms and conditions are intended to form a complete statement of the agreement between MNT and the student. Discussions, correspondence, documentations or representations prior to the submission of the completed booking form are deemed not to affect the contractual position of the parties unless otherwise expressly agreed in writing.

MNT Training Ltd, MNT House, Lane End, Itchen Stoke, Alresford, Hampshire, SO24 0QZ

DIRECTORS: P.MURRAY & M. MURRAY

VAT REGISTRATION NO: 785 6732 78

COMPANY REG NO: 7264893